

**Product Name**

Re-Timer

**Designer**

Re-Time Pty Ltd

**Company Name**

Re-Time Pty Ltd

**Entire Address**

Re-Time Pty Ltd  
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**Italian Dealer**

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for the Award

Ben Olsen

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**Referring contact**  
for possible exposition in April

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**Description of innovation social values**

- product category
- formal and functional features
- problems solved by innovation
- user
- field of application

Light therapy, consumer health care device

Emits a soft green light onto the eyes of the user. 25 years of research from Flinders University (Australia) has shown this light to be effective in re-timing the circadian rhythm or 24-hour body clock. Using for 50 minutes in the morning will advance your body clock (wake up earlier) and using for 50 minutes in the evening will delay the body clock (go to bed later).

Used by shift workers to re-time their body clock to night work. Reduces fatigue and improves workplace safety.

Used by insomnia sufferers as an alternative to drug treatments. Re-Timer offers a natural therapy alternative.

Used by professional athletes to reduce the effects of jet lag and increase performance.

**Description of technical features**

- operations
- technology

Directs 500nm light onto the photoreceptors of the user. This inhibits the body's production of the hormone melatonin. Suppressing melatonin allows the circadian rhythm or 24-hour body clock to be pushed forwards or backwards.

**Dimensions**

Total weight: 400 grams

**Materials**

Polycarbonate frame; diffuser cover technology; 4 light emitting diodes

**Certifications**

CE Marked

**Benefits for environment**

**Benefits for human being**

A natural therapy to reduce the effects of sleep disorders including some forms of insomnia